



Try Equestrian at your School today!

Can your students spot the difference between a horse walking or trotting? What about a mane and a tail, or a saddle or a stirrup?

All students now have the opportunity to learn about horses in School; **FREE and without** the need of access to a horse.

School Information Pack

September 2021

READY SET TROT – PLAYGROUND SKILLS

Ready Set Trot removes the barriers and gives every child the opportunity to get involved with horses!

What is Ready Set Trot - Playground Skills?

Ready Set Trot - Playground Skills is a primary school based program that provides young people with an introduction to horses through a series of fun games and activities – *without actually needing a horse!*

Delivered using basic sports equipment such as balls and hoops means that the program can be delivered anywhere, anytime, by anyone.

What is Sporting Schools?

Sporting Schools is a program available to all Australian primary schools that provides funding for schools to engage quality coaches to deliver sport programs, including equestrian, before during or after school.

Equestrian Australia is working with Sporting Schools, using Ready Set Trot, to foster a lifelong interest in horse sports, gain a healthier mind and body, have fun, be active and learn in a safe environment.

“I felt the (Ready Set Trot) sessions were a huge success. The students were engaged and they all seem to be enjoying themselves. I especially liked the team work activities which is something that the other sports have not touch on so far”

Mr Craig O'Donnell, Principle Mossfiel Primary School

SPORTING Schools

Working with Sporting Schools

Accredited coaches can register as a coach to deliver Ready Set Trot with Sporting Schools directly with a Ready Set Trot representative.

Coaches are required to hold current EA, PCA or RDA accreditation, appropriate insurance and State-specific working with children requirements.

Why deliver equestrian at school?

Are you looking to offer a new and exciting sport for students to try? Sporting Schools is a fantastic opportunity for schools and local coaches to connect, to give every child the chance to learn about equestrian sport and stir the curiosity of horses within children all at no cost to the student.

If you would like to know more about the Sporting Schools program and how you can get involved contact our team on readysettrot@equestrian.org.au



SPORTING SCHOOLS PACKAGES

Through the Sporting Schools program, Ready Set Trot can be delivered to school students across the country. Schools can choose one of three packages to receive funding to deliver using accredited coaches each term.

Contact EA for schools/coaches in your area or to find out more information on readysettrot@equestrian.org.au



Packages	Playground Skills Basic program	Playground Skills Unmounted Incursion	Playground Skills Mounted Excursion
Overview	Active play games with communicating links to horses	Active play games with the final week ending in a visit from a horse to the school.	Active play games with the final week ending in an excursion to a riding facility.
Horse	No	Yes – unmounted	Yes – mounted/lead (where available)
Duration	7 weeks	5 weeks	5 weeks
Supervision	1 Teacher/Parent per class	1 Teacher/Parent per class 2 Teachers/Parents – week 5	1 Teacher/Parent per class 2-3 Additional Coaches – week 5
What's included	7 x one hour active play lessons	4 x one hour active play lessons plus; 1 x one hour horse incursion	4 x one hour active play lessons plus; 1 x one hour horse excursion (excluding travel)
School provisions	Basic School sport equipment for coach to access	Basic School sport equipment for coach to access	Basic School sport equipment for coach to access
Delivered by	EA, PCA or RDA Accredited Coach or School Teacher	EA, PCA or RDA Accredited Coach	EA, PCA or RDA Accredited Coach
Coach Payments	Coaches are paid \$50 per lesson per week. Where additional coaches are required, an additional \$50 per coach will be paid. Travel allowance of \$200 has been allocated to cover coaches cost for bringing a horse in for the incursion package and facility hire for the mounted excursion package.		
Cost to Schools	\$450.00*	\$550.00*	\$900* (includes cost of transport hire to riding facility)

***All program prices subject to change**

Equestrian Australia proudly presents the Ready Set Trot junior equestrian program in conjunction with Principle Partners Pony Club Australia and the Australian Sports Commission





Is proudly presented by:



Australian Government
Australian Sports Commission

Support partners:



For further information please contact:

Email:

rideahorse@equestrian.org.au

Or Online Registrations Enquiries:

ReadySetTrot@equestrian.org.au

www.ReadySetTrot.com